## Supplementary table 3 Studies of predictors for exiting homelessness meeting inclusion criteria including risk of bias assessment in high-income countries

| Authors (year)  | Study period | Study design<br>(follow-up length)<br>(study name)                 | Location                    | Population  | Participants N/outcome n (%)              | Outcome   | Adjustment (age, sex) | NOS*<br>(max=9) |
|---|--------------|--|-----------------------------|---|---|---|-----------------------|-----------------|
| (1) Braciszewski et al. (2016) <sup>1</sup>                                     |              | Cohort (7 y)   | Midwest, US                 | Initially homeless<br>adolescents (12-18 y)   | N=243/n=231(95%)                          | Stably housed (for 90 consecutive days)   | Both                  | 7               |
| (2) Byrne et al. (2015) <sup>2</sup> ;<br>Montgomery et al. (2016) <sup>3</sup> | 2012-2013    | Cohort (at least six months) (the HSCR study)                      | US                          | Homeless veterans   | N=17,579/n=15,060;<br>N=6536/n=5261 (80%) | Stably housed at 6-12<br>months follow-up;<br>Negative rescreen for<br>homelessness | Both;<br>Both         | 8;<br>8         |
| (3) Cheng et al. (2013) <sup>4</sup>  | 2005-2012    | Cohort   | Vancouver, Canada           | Drug-using homeless<br>youth (14-26 y)  | N=685/n=386 (56%)                         | Stably housed at 2 years follow-up  | Both                  | 6               |
| (4) Cohen et al. (1997) <sup>5</sup>  | 1990-1991    | Cohort (2 y)   | New York City, US           | Homeless women (50+ y)  | N=201/n=94 (47%)                          | Stably housed at follow-<br>up  | Both                  | 9               |
| (5) Craig & Hodson (2000) <sup>6</sup>  | 1993-1994    | Cohort (12 months)   | London, UK                  | Homeless youth (16-<br>21 y) using homeless<br>services   | N=107/n=45 (42%)                          | Stably<br>housed/satisfactory<br>accommodation at 1 year<br>follow-up               | Both                  | 7               |
| (6) Davey-Rothwell et al. (2011) <sup>7</sup>                                   | NA           | Cohort (at least six months) (the STEP into Action program)        | Baltimore, US               | Drug users (heroin or cocaine use)  | N=237/n=84 (35%)                          | Stably housed at 6-12<br>months follow-up   | Both                  | 7               |
| (7) Donley et al. (2017) <sup>8</sup>   | 2013-2014    | Cohort   | Florida, US                 | Parents of children<br>attending two public<br>schools with high<br>proportions of<br>homeless students | N=1010/n=276 (27%)                        | Stably housed at follow-<br>up  | None                  | 3               |
| (8) Epel et al. (1999) <sup>9</sup>   | NA           | Cohort   | California, US              | Homeless adults<br>residing at family<br>shelters with at least<br>one child                            | N=59/n=29 (49%)                           | Stably housed at follow-<br>up or when leaving<br>shelter                           | None                  | 3               |
| (9) Greenberg et al. (2006) <sup>10</sup>                                       | 1996-1999    | Cohort   | US                          | Homeless or doubled<br>op veterans<br>hospitalised in acute<br>inpatient beds                           | N=910/n=455 (50%)                         | Stably housed at discharge  | None                  | 6               |
| (10) Hyman (2010) <sup>11</sup>   | 2002-2005    | Cohort (2 y);<br>(the Panel Study on<br>Homelessness in<br>Ottawa) | Ottawa, Canada              | Homeless youth (16-19 y)  | N=81/n=31 (38%)                           | Stably housed at follow-<br>up<br>(for at least 90<br>consecutive days)             | Both                  | 7               |
| (11) Kemp et al. (2006) <sup>12</sup>   | 2001-2003    | Cohort (8 months);<br>(the DORIS study)                            | Scotland, UK                | Homeless individuals receiving treatment for drug dependence  | N=211/n=118 (56%)                         | Stably housed at 8 months follow-up   | Both                  | 9               |
| (12) Lettner et al. (2016) <sup>13</sup>  | 2012-2014    | Cohort   | Toronto, Ontario,<br>Canada | Initially homeless<br>clients obtaining<br>psychiatric assessment<br>for treatment                      | N=79/n=36 (46%)                           | Stably housed/permanent<br>address at discharge or<br>end of follow-up              | Both                  | 7               |

| NA                      | Cohort (2 y)   | Los Angeles,<br>California, US  | Initially homeless<br>adolescents (12-20 y)  | N=183/n=87 (48%)  | Stable housing at 1 year follow-up   | Both   | 8  |
|-------------------------|--|---|--|---|--|--|--|
| 1983-1992<br>(10 y)     | Cohort   | St. Louis, Missouri,<br>US  | Homeless families living at family shelters  | N=1156/n=694 (60%)  | Stably housed at discharge from shelter  | Age  | 7  |
| 2006-2009               | Cohort (at least 2.5 months)   | Montréal, Canada  | Street youth (18-25 y)   | N=365/n=250 (68%);<br>N=359/n=284 (79%)   | Stably housed<br>(for at least 90<br>consecutive days)   | Age;<br>Both                                       | 6;<br>7  |
| 2007-2010               | Cohort (12 months);<br>(the Michael Project)                         | Sydney, Australia   | Homeless adult men<br>(18+ y) receiving<br>support/care through<br>the Michael Project   | N=107/n=48 (19%)  | Stably housed at 1 year<br>follow-up (purchased<br>own dwelling, private<br>rental, public housing<br>rental, and long-term<br>community housing<br>accommodation)   | Sex  | 6  |
| 2011-2014               | Cohort (2.5 y)   | Amsterdam, The<br>Hague, Rotterdam,<br>Utrecht, the<br>Netherlands  | Initially homeless people (18+ y)  | N=324/222 (69%)   | Stably housed at 18<br>months of follow-up<br>(for at least 90<br>consecutive days)  | Both   | 8  |
| 1991-1992;<br>1991-1993 | Cohort (15 months) (the STAR project); Cohort (at least nine months) | Alameda County,<br>California, US   | Homeless adults (18+<br>y);<br>Homeless adult<br>residing/using services<br>for homeless   | N=397/n=254 (64%);<br>N=479/n=369 (77%)   | Stably housed<br>(for at least 30<br>consecutive days);<br>Stably housed<br>(for at least 30<br>consecutive days)  | Both;<br>Both                                      | 9;<br>9  |
|                         | 1983-1992<br>(10 y)<br>2006-2009<br>2007-2010<br>2011-2014           | 1983-1992 Cohort (10 y)  2006-2009 Cohort (at least 2.5 months)  2007-2010 Cohort (12 months); (the Michael Project)  2011-2014 Cohort (2.5 y)  1991-1992; 1991-1993 (the STAR project); Cohort (at least nine) | California, US  1983-1992 Cohort St. Louis, Missouri, US  2006-2009 Cohort (at least 2.5 months)  Cohort (12 months); Sydney, Australia  Cohort (12 months); Sydney, Australia  Cohort (2.5 y)  Amsterdam, The Hague, Rotterdam, Utrecht, the Netherlands  1991-1992; Cohort (15 months) (the STAR project); Cohort (at least nine)  California, US  Amsterdam, The Hague, Rotterdam, Utrecht, the Netherlands  Alameda County, California, US | California, US adolescents (12-20 y)  1983-1992 (10 y)  Cohort US St. Louis, Missouri, US Homeless families living at family shelters  Street youth (18-25 y)  Cohort (12 months); (the Michael Project)  Cohort (12 months); (the Michael Project)  Cohort (2.5 y)  Amsterdam, The Hague, Rotterdam, Utrecht, the Netherlands  1991-1992; Cohort (15 months) (the STAR project); Cohort (at least nine months)  California, US  Adolescents (12-20 y)  Homeless families living at family shelters  Street youth (18-25 y)  Homeless adult men (18+ y) receiving support/care through the Michael Project  Initially homeless people (18+ y)  Homeless adults (18+ y); Homeless adults (18+ y); Homeless adults (18+ y); | California, US adolescents (12-20 y)  1983-1992 (10 y)  Cohort US St. Louis, Missouri, US Homeless families living at family shelters  Cohort (at least 2.5 months)  Cohort (12 months); (the Michael Project)  Cohort (2.5 y)  Amsterdam, Utrecht, the Netherlands  1991-1992; 1991-1993  Cohort (15 months) (the STAR project); Cohort (at least nine months)  California, US Att. Louis, Missouri, Homeless families living at family shelters  N=156/n=694 (60%) N=365/n=250 (68%); N=359/n=284 (79%)  N=107/n=48 (19%)  N=324/222 (69%)  N=324/222 (69%)  N=324/222 (69%)  Homeless adults (18+ y)  N=397/n=254 (64%); N=479/n=369 (77%)  Homeless adult residing/using services | California, US   Adolescents (12-20 y)   Follow-up | California, US   Adolescents (12-20 y)   Follow-up |

NOS=Newcastle Ottawa Quality Assessment Scale.
\*The scale is ranging from zero to nine stars with a higher number of stars indicating lower risk of bias. Studies with seven to nine stars were regarded to be of high quality with low risk of bias.

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